

Workout Planner

"YOU CAN WASTE YOUR LIVES DRAWING LINES. OR YOU CAN LIVE YOUR LIFE CROSSING THEM." -SHONDA RHIMES

GOAL 1:

GOAL 2:

FEBRUARY 2019



S M T W T F S

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

NOTES